

Identification and antioxidant activity of *Ammi visnaga L.* polyphenols from the Middle Atlas in Morocco

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Abstract: In this work, we are interested in both the study of the phenolic compounds and the evaluation of the antioxidant properties of the extracts of *Ammi visnaga L.* collected from the Middle Atlas in Morocco. Phytochemical screening was carried out to highlight the qualitative composition of the secondary metabolites contained in this plant. Also, the extraction of total polyphenols was carried out by maceration using hydromethanolic and hydroacetic mixtures. Then, the fractionation of the crude extracts was conducted by liquid-liquid extraction using successively two organic solvents with different polarities: ethyl acetate and n-butanol. The polyphenols contents were spectrophotometrically estimated using the Folin-Ciocalteu method. It showed that the ethyl acetate fraction is more abundant in phenolic compounds than the other fractions. The qualitative analysis was performed by high-pressure liquid chromatography with U.V. and electrospray ionization coupled to mass spectrometry (HPLC/UV-ESI-MS), which confirmed the richness of this species in polyphenols and particularly in flavonoids, especially by the identification of kaempferol, rhamnetin, biochanin A, ammiol. These molecules belong to flavones, flavonols, and furochromones, which are also identified both in the form of genin and of heteroside. The antioxidant activity of the different fractions was evaluated by diphenyl-picrylhydrazyl (DPPH•). The IC₅₀ is equal to 12.87 µg / mL for the ethyl acetate fraction, against 8.8 µg / mL for ascorbic acid and 10.8 µg / mL for BHA which are used as reference compounds.

Keywords: *Ammi visnaga L.*; phytochemical screening; polyphenols; antioxidant activity; HPLC/UV-ESI-MS.

1. Introduction

Aromatic and medicinal plants are a great source of the majority of natural antioxidants. However, they are still underexploited in the medical field, in the pharmaceutical, and the food industry. Indeed, the oxidation of lipids in food induces not only a loss of its nutritional value but also some harmful effects on the consumer's health, which can lead to a lot of diseases¹. The presence of antioxidants in food has become mandatory for both this quality and its safety. Food, cosmetic, and pharmaceutical industries face real problems due to the use of synthetic antioxidants. So, natural antioxidants are recommended to replace synthetic antioxidants to minimize this damage.

Ammi visnaga L. (khella) is a wild herb (aromatic and medicinal) of the Apiaceae (*Umbelliferae*) family, and it is widely distributed in the Mediterranean, South and North America, India, Russia, Europe, Southwest Asia, Argentina, Chile, Mexico, the Atlantic and Iraq^{2,3}. It is an annual or bi-annual plant of 20 to 100 centimeters high^{4,5}. It is also called bishop herb⁶. Its fruits are in the form of smooth ovoid diakenes^{7,8}. Both its umbels and fruits are

known for their virtues on the urinary, cardiovascular systems, and oral health. It reduces hyperbilirubinemia and uremia⁹. According to Khan and Phyllis^{10,11} studies, this plant extract prevents irritation, spasms in the urinary tract, and it has a diuretic action. The extract of *Ammi visnaga L.*, including its pure compounds (khelline and visnagine), induces mechanisms to prevent the deposition of calcium oxalate crystals in the kidneys¹².

Moreover, the work of Meiouet¹³ showed that the extract of khella fruits could also be used in the treatment of cystine stones since these allowed the complete dissolution of cystine crystals in vitro in six weeks. *Ammi visnaga L.* butanolic extract tested with DPPH shows an antioxidant activity of 78.7% at a concentration of 200 µg/mL. Other studies by Bencheraiet¹⁴ and Ashour¹⁵ proved the antioxidant activity of *Ammi visnaga L.* extract, and the results revealed by Ammour kenza¹⁶ demonstrate a robust antioxidant power for hydro-alcoholic extract.

The objective of this work is to carry out a phytochemical study and to assess the antioxidant

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powers of *Ammi visnaga L.* using the free radical trapping method DPPH.

In this context, this study is concerned with the phenolic extracts of *Ammi visnaga L.*, which is an aromatic and medicinal plant from the Apiaceae family, to assess their antioxidant activities.

2. Materials and Methods

2.1. Plant material

The aerial part (umbels) of *Ammi visnaga L.* was harvested in the city of Meknès on the road leading to Sidi Kacem (Meknès-Fès region) in June 2017 (in the Moroccan province of the Middle Atlas). This plant grows in this location in a natural state. The plant material consists mainly of umbels at the time of fruiting. They were dried in the shade and then reduced to a fine powder to carry out phytochemical screening. It was identified at the Rabat Scientific Institute.

2.2. Phytochemical Screening

In order to identify the major families of secondary metabolites contained in the plant extract, phytochemical screening was carried out, which was based either on the formation of insoluble complexes using precipitation reactions or on the formation of colored complexes using staining reactions. According to the experimental protocols of Bruneton¹⁷ and Sofowora¹⁸, characterization tests of different chemical groups were accomplished by decoction, infusion, and maceration.

The search for alkaloids was carried out by precipitation reactions with general reagents (Mayer and Dragendorff), while the reaction with 2% ferric perchloride was used to detect polyphenols. The flavonoid polyphenols were detected using the cyanidin reaction, while the Stiasny reaction was used for the detection of gallic and catechic tannins. The confirmation of the non-existence of the saponosides was carried out by measuring the foam index. At the same time, the reaction of Liebermann Buchard made it possible to detect the sterols and the triterpenes.

2.3. Extraction and fractionation of *Ammi visnaga L.* polyphenols

2.3.1. Extraction by maceration

Thirty grams of dried *Ammi visnaga L.* powder, aqueous methanol (70%), and aqueous acetone (70%) are introduced into an Erlenmeyer flask. The extraction is carried out by maceration for 24 hours at room temperature. The obtained filtrate is kept, and the marc is extracted under the same conditions until a total of three macerations are reached. The final volume (cumulative filtrates) is concentrated in a rotary evaporator.

A second extraction of polyphenols is carried out under the same conditions with distilled water as a solvent from an identical mass of pre-extracted drug.

2.3.2. Extraction by Soxhlet

A quantity of 30 grams of dried *Ammi visnaga L.* powder from a dry pulverized sample was extracted within aqueous methanol (70%) and aqueous acetone (70%) for 6h using the Soxhlet method. A total of five cycles is necessary for the depletion of the plant material. After filtration, the solvent is removed from the filtrate by evaporation under vacuum. The residue obtained constitutes the extract of crude polyphenols.

Another extraction by Soxhlet is made using water as solvent under the same conditions with an identical mass of pre-extracted vegetable drug.

2.3.3. Fractionation of *Ammi visnaga L.* polyphenols

The fractionation of *Ammi visnaga L.* polyphenols (crude extracts obtained above) was carried out according to the Protocol of Bruneton¹⁹ with slight modifications. It is based on the degree of solubility of polyphenols in organic solvents. The fractionation of the extracts is conducted using ethyl acetate, and n-butanol. In addition to the hydro-methanolic or hydro-acetonic crude extract (F0), three other fractions are obtained: the ethyl acetate fraction (F1), the n-butanol fraction (F2) and the aqueous fraction (F3). Then all fractions were dried by using a rotary evaporator at 60°C and preserved at 4°C.

2.4. Determination of the total polyphenols content

The determination of total polyphenols was carried out using the Folin-Ciocalteu reagent, as described in 1965 Singleton²⁰.

A volume of 40 µL of each extract (F0, F1, F2, and F3) is introduced into a 100 mL volumetric flask. Then 1.5 mL of the Folin-Ciocalteu reagent 10 times diluted, and 1.5 mL of 7.5% sodium carbonate is added. The flasks are shaken and completed with distilled water, then stored for 30 minutes at room temperature. The reading is performed against a blank using a spectrophotometer at 760 nm. A calibration curve is carried out in parallel under the same operating conditions using gallic acid as a positive control.

Concentrations of phenolic compounds of each extract were calculated from the equation of the regression of the calibration range with gallic acid ($y = 0,095x + 0,003$) $R^2 = 0,998$). The obtained results are expressed in milligrams (mg) equivalent of gallic acid per gram of dry plant (mg GAE / g).

2.5. Chromatographic analysis of the polyphenolic extracts of *Ammi visnaga L.* using high-pressure liquid chromatography coupled to mass spectrometry (HPLC/UV-ESI-MS)

The chromatographic analysis of the polyphenols in various extracts of *Ammi visnaga L.* it was carried out by HPLC equipped with a UV/Vis detector. The column used is of reverse phase C18 type. The mobile phase for the elution of molecules is a mixture of

solvents formed from acetonitrile, and a solution of phosphoric acid with (0.05 M). The solvent gradient in this experiment is as follows: 2% acetonitrile (isocratic) 0-3 min, 2-30% acetonitrile in phosphoric acid (linear gradient) 3-19 min, 30-80% acetonitrile in phosphoric acid (linear gradient) 19-23 min, 80% acetonitrile in phosphoric acid (isocratic) 23-28 min, 80-2% acetonitrile in phosphoric acid (linear gradient) 28-32 min, and 2% acetonitrile (isocratic) 32-40 min. The flow rate is 1.5 mL/min. The injection volume is 20 μ L. Detection in the U.V. is done by scanning in the wavelength range: 200-400 nm and then at three acquisition wavelengths 280 nm, 349 nm, and 254 nm. Electrospray is the method used to ionize molecules during mass spectrometry. The standard polyphenols used are gallic acid, ellagic acid, tannic acid, quercetin, and coumarin. The analysis of the eluted compounds is carried out by comparing the retention times of the various peaks of the extracts 70% hydro-acetone macerate, and aqueous macerate, the two extracts are obtained by reflux at Soxhlet in 70% acetone and in water, with those of the peaks corresponding to the standards, then by the analysis of the mass spectra of the eluted molecules.

2.6. Antioxidant activity

To evaluate the antioxidant property, we used the DPPH method, the solution of DPPH (1,1 -diphenyl-di-picrylhydrazyl) at 6.10^{-5} M is obtained by dissolving 2.4 mg of the DPPH powder in 100 mL ethanol. The extract samples were prepared by dissolution in ethanol at a rate of 1.6 mg/mL.

The test is carried out by mixing a volume of 2.8 mL of the previous DPPH solution with 200 μ L of the ethyl acetate extract from our samples or of the standard (Ascorbic acid) at different concentrations (from 0 to 200 μ g / mL). After 30 minutes of incubation in the dark at room temperature, then the absorbance is read at 515 nm against a blank, which contains only ethanol. The positive control consists of DPPH without extract, radical scavenging activity against DPPH was expressed as a percentage of inhibition, and this was calculated according to the following formula:

$$AA\% = \frac{A_{\text{control}} - A_{\text{sample}}}{A_{\text{control}}} \times 100$$

A.A. %: Percentage of the antioxidant activity.

A_{control} : Absorbance of the DPPH solution (Absorbance of the control)

A_{sample} : Absorbance of the sample to be tested in the presence of DPPH (Absorbance of the sample)

The graph representing the variation in absorbance as a function of the concentrations of the extracts made it possible to determine IC_{50} (concentration corresponding to the loss of 50% of the activity of the free radicals).

A dose-response curve was plotted, from which the IC_{50} value was extrapolated, using the percentage of inhibition values. The antioxidant activity was expressed as IC_{50} value, which was the concentration (mg/mL) that inhibited the DPPH radicals by 50 %.

Table 1. Results of the characterization reactions of the different chemical groups in the umbels of *Ammi visnaga L.*

Chemical groups	Colors / precipitate	Results
Alkaloids	Dragendorff reagent: precipitated reagent Mayer: precipitated	++ ++
Tannins: -Gallics -Catechics	Blackish brown Absence of precipitate Absence of precipitate	- -
Flavonoids: -Anthocyanin -Flavones -Leucoanthocyan	Greenish Orange pink dark Green	- + -
-Antraquinones free -Combined antraquinones (Genin c-heterosides)	Green Orange	- -
-Sterols and triterpenes	Green supernatant with a brownish-red ring	+
-Oses and holosides	Red	+
-Mucilage	Whitish floc	+

(++): abundance; (+) presence; (-): absence

3. Results and Discussion

3.1. Phytochemical screening

The phytochemical screening results are presented in Table 1; their analysis showed that the umbels of

Ammi visnaga L. contain alkaloids, flavonoids, sterols, triterpenes, and a small proportion of mucilage. Gallic and catechic tannins, oses and holosides, anthracene derivatives, free

anthraquinones, combined anthraquinones, genin c-heterosides, anthocyanin, and leucoanthocyanin tests were negative. These results agree with those of Sabry et al. (2014)²⁰ has identified six (6) compounds of alkaloid types in the methanolic extract of the plant originating in Egypt.

These results were confirmed by numerous academic studies such as those of Soro et al., (2015)²¹, A. Jaradat et al., (2015)²² and Zoubi et al.,²³ (2016).

3.2. Determination of the total polyphenols content

The polyphenols compounds presented in the crude and fractioned extracts (F0, F1, F2, F3) were expressed as mg of gallic acid equivalents per gram extract (mg GAE/g).

The contents of total polyphenols obtained by the two extraction methods are presented in Figure 1. It turns

out from the analysis of all the obtained results that the polyphenol content of *Ammi visnaga L.* extracts varies according to the polarity of the used solvent and the extraction temperature. Besides, the extracts obtained by the Soxhlet method are the richest in total phenols compared to those obtained by the maceration method. The content of polyphenols in the ethyl acetate fraction F₁ obtained by Soxhlet registers the highest value 72.36 mg GAE/g against 23.67 mg GAE/g obtained by maceration.

These results reveal that the extract of the acetate ethyl fraction has a high content of total phenols compared to the other fractions. In addition, the extraction by Soxhlet in the presence of the hydro-methanolic and hydro-acetonic mixture can be considered as the best method for polyphenols extraction.

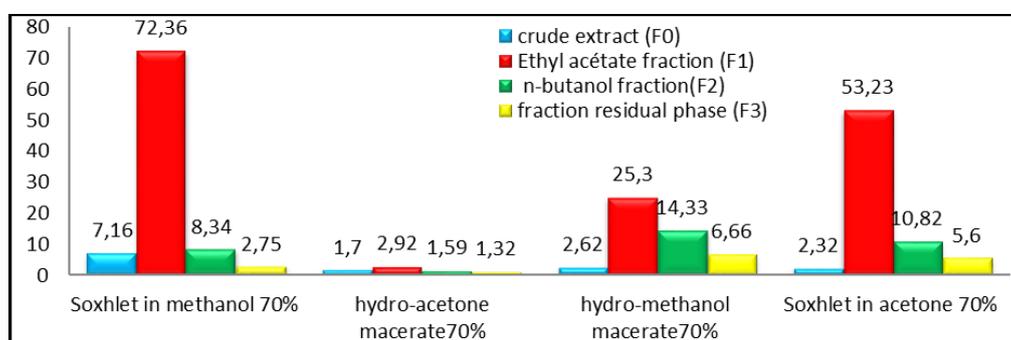


Figure 1. Polyphenol contents of *Ammi visnaga* Fractions expressed in milligrams of Gallic acid equivalents per gram of dry plant (mg GAT/g)

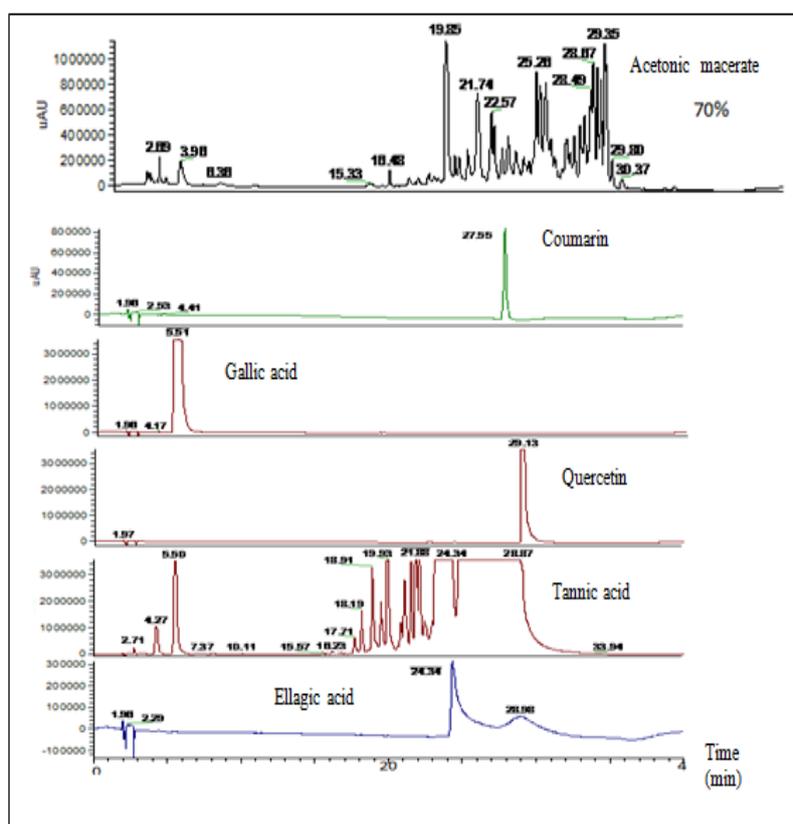


Figure 2. The chromatogram of *Ammi visnaga L.* extract acetone macerate compared to the chromatograms of reference

Table 2. List of the compounds identified by mass spectrometry in the polyphenol of *Ammi visnaga L.* extract acetone macerate.

No	Compounds	Formulas	Masses	Ions m/z
1	Rhamnetin	C ₁₆ H ₁₂ O ₇	316	317 [M+H] ⁺
2	Rhamnetin glucoside	C ₂₂ H ₂₄ O ₁₂	478	479 [M+H] ⁺
3	Rhamnosinrutinoside	C ₂₈ H ₃₂ O ₁₆	624	625 [M+H] ⁺
4	Kampferolrhamnoside	C ₂₁ H ₂₀ O ₁₀	432	433 [M+H] ⁺
5	Biochanin A	C ₁₆ H ₁₂ O ₅	284	317 [M+Na] ⁺
6	Biochanin A glucoside	C ₂₂ H ₂₂ O ₁₀	446	469 [M+Na] ⁺
7	Khellol	C ₁₃ H ₁₀ O ₅	246	247 [M+H] ⁺
8	Khellinin	C ₁₉ H ₂₀ O ₁₀	408	409 [M+H] ⁺
9	Quercetin	C ₁₅ H ₁₀ O ₇	302	303 [M+H] ⁺
10	Ammiol	C ₁₄ H ₁₂ O ₆	276	277 [M+H] ⁺
11	Ammiol glucoside	C ₂₀ H ₂₂ O ₁₁	438	439 [M+H] ⁺
12	Kampferol	C ₁₅ H ₁₀ O ₆	286	287 [M+H] ⁺
13	Kaempferol glucoside	C ₂₁ H ₂₀ O ₁₁	448	449 [M+H] ⁺
14	Kampferolrutinoside	C ₂₇ H ₃₀ O ₁₅	594	595 [M+H] ⁺
15	Rhamnazine	C ₁₇ H ₁₄ O ₇	330	331 [M+H] ⁺
16	Rhamnazine glucoside	C ₂₃ H ₂₄ O ₁₂	492	493 [M+H] ⁺
17	Apiine	C ₂₆ H ₂₈ O ₁₄	564	565 [M+H] ⁺
18	Chrysoeriol	C ₁₆ H ₁₂ O ₆	300	301 [M+H] ⁺
19	Chrysoerol glucoside	C ₂₂ H ₂₂ O ₁₁	462	463 [M+H] ⁺
20	Khelline	C ₁₄ H ₁₂ O ₅	260	261 [M+H] ⁺
21	visnagine	C ₁₃ H ₁₀ O ₄	230	231 [M+H] ⁺

3.3.1.2. Identification of polyphenols using water as an extraction solvent

Figure 3 represents the chromatogram of the *Ammi.visnaga L.* extract obtained by maceration with water as extraction solvent (aqueous macerate). From

the analysis of this chromatogram, we deduce the presence of coumarin and flavonoids as well as the absence of a small quantity of gallic tannins.

The identified molecules by the mass spectra analysis are presented in Table 3.

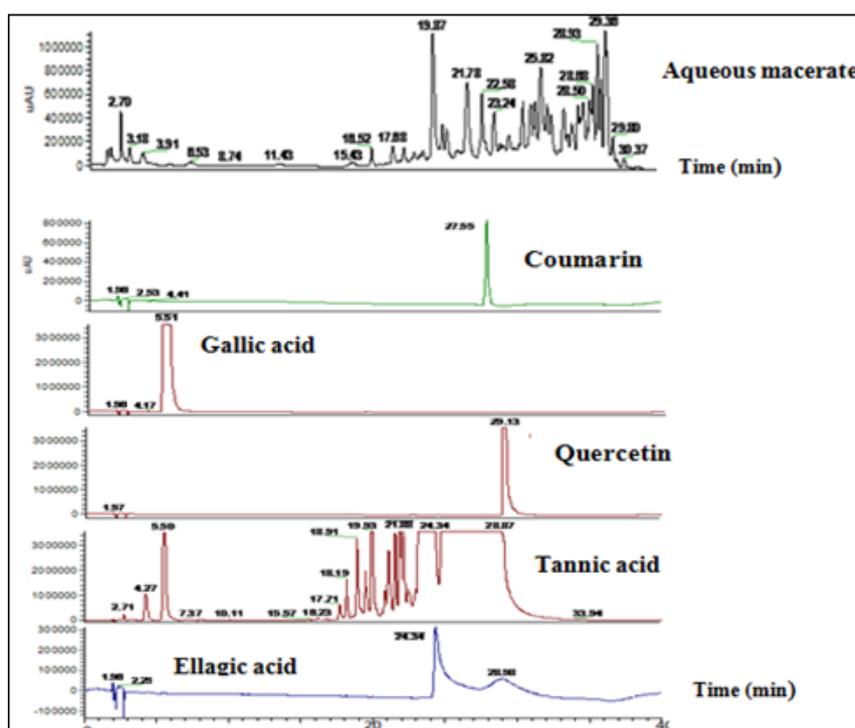


Figure 3. The chromatogram of the *Ammi visnaga L.* extract acetone macerate compared to the chromatograms of reference

Table 3. List of compounds identified by mass spectrometry in the *Ammi visnaga L.* extract of polyphenols obtained by maceration in the water.

No	Compounds	Formulas	Masses	Ions m/z
1	Biochanin A glucoside	C22H22O10	446	447 [M+H] ⁺
2	Khellol	C13H10O5	246	246 [M+H] ⁺
3	Khellinin	C19H20O10	408	409 [M+H] ⁺
4	Quercetin	C15H10O7	302	303 [M+H] ⁺
5	Ammiol	C14H12O6	276	276 [M+H] ⁺
6	Ammiol glucoside	C20H22O11	438	439 [M+H] ⁺
7	Biochanin A	C16H12O5	284	285 [M+H] ⁺
8	Kaempferol	C15H10O6	286	287 [M+H] ⁺
9	Rhamnetine	C16H12O7	316	317 [M+H] ⁺
10	Kaempferol glucoside	C21H20O11	448	449 [M+H] ⁺
11	Kampferolrutinoside	C27H30O15	594	595 [M+H] ⁺
12	Rhamnetine glucoside	C22H24O12	478	479 [M+H] ⁺
13	Rhamnetinerutinoside	C28H32O16	624	625 [M+H] ⁺
14	Rhamnazine glucoside	C23H24O12	494	495 [M+H] ⁺
15	Rhamnazinerutinoside	C29H34O16	638	639 [M+H] ⁺
16	Vitaminol	C16H18O5	290	291 [M+H] ⁺
17	Vitaminol glucoside	C22H28O10	452	453 [M+H] ⁺
18	Chrysoeriol	C16H12O6	300	301 [M+H] ⁺
19	Chrysoerol glucoside	C22H22O11	462	463 [M+H] ⁺
20	Khelline	C14H12O5	260	261 [M+H] ⁺
21	Visnagine	C13H10O4	230	231 [M+H] ⁺

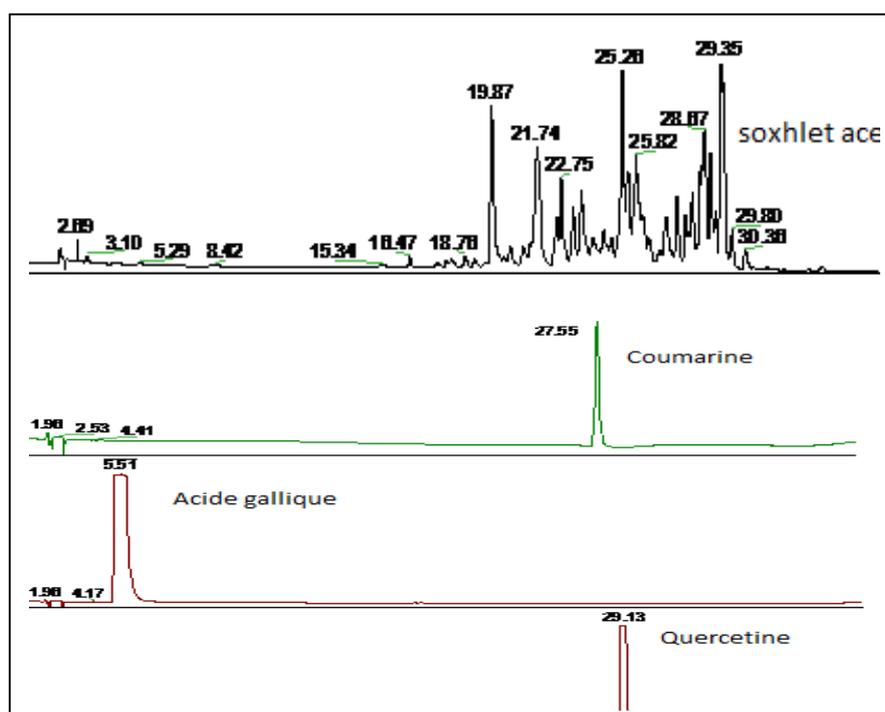
**Figure 4.** The chromatogram of the *Ammi visnaga L.* extract obtained by Soxhlet with acetone as extraction solvent compared to the chromatograms of reference

Table 4. List of compounds identified by mass spectrometry in the *Ammi visnaga L.* extract of polyphenols obtained by Soxhlet using acetone 70%.

No.	Compounds	Formulas	The Masses	The ions m/z
1	Chrysoeriol	C ₁₆ H ₁₂ O ₆	300	301 [M+H] ⁺
2	Chrysoeriol glucoside	C ₂₂ H ₂₂ O ₁₁	462	463 [M+H] ⁺
3	Khellol	C ₁₃ H ₁₀ O ₅	246	247 [M+H] ⁺
4	Khellinin	C ₁₉ H ₂₀ O ₁₀	408	409 [M+H] ⁺
5	Quercetin	C ₁₅ H ₁₀ O ₇	302	303 [M+H] ⁺
6	Ammiol	C ₁₄ H ₁₂ O ₆	276	277 [M+H] ⁺
7	Ammiol glucoside	C ₂₀ H ₂₂ O ₁₁	438	439 [M+H] ⁺
8	Biochanin A	C ₁₆ H ₁₂ O ₅	284	284 [M+H] ⁺
9	dihydroammol glucoside	C ₂₀ H ₂₄ O ₁₁	440	441 [M+H] ⁺
10	Kaempferol	C ₁₅ H ₁₀ O ₆	286	287 [M+H] ⁺
11	Kaempferol glucoside	C ₂₁ H ₂₀ O ₁₁	448	449 [M+H] ⁺
12	Kampferolrutinoside	C ₂₇ H ₃₀ O ₁₅	594	595 [M+H] ⁺
13	Rhamnetin	C ₁₆ H ₁₂ O ₇	316	317 [M+H] ⁺
14	Rhamnetin glucoside	C ₂₂ H ₂₄ O ₁₂	478	479 [M+H] ⁺
15	Rhamnosinrutinoside	C ₂₈ H ₃₂ O ₁₆	624	625 [M+H] ⁺
16	visaminol	C ₁₆ H ₁₈ O ₅	290	291 [M+H] ⁺
17	Rhamnazine	C ₁₇ H ₁₄ O ₇	330	331 [M+H] ⁺
18	Rhamnazine glucoside	C ₂₃ H ₂₄ O ₁₂	492	493 [M+H] ⁺
19	Apiine	C ₂₆ H ₂₈ O ₁₄	564	565 [M+H] ⁺
20	Khelline	C ₁₄ H ₁₂ O ₅	260	261 [M+H] ⁺
21	Visnagine	C ₁₃ H ₁₀ O ₄	230	231 [M+H] ⁺

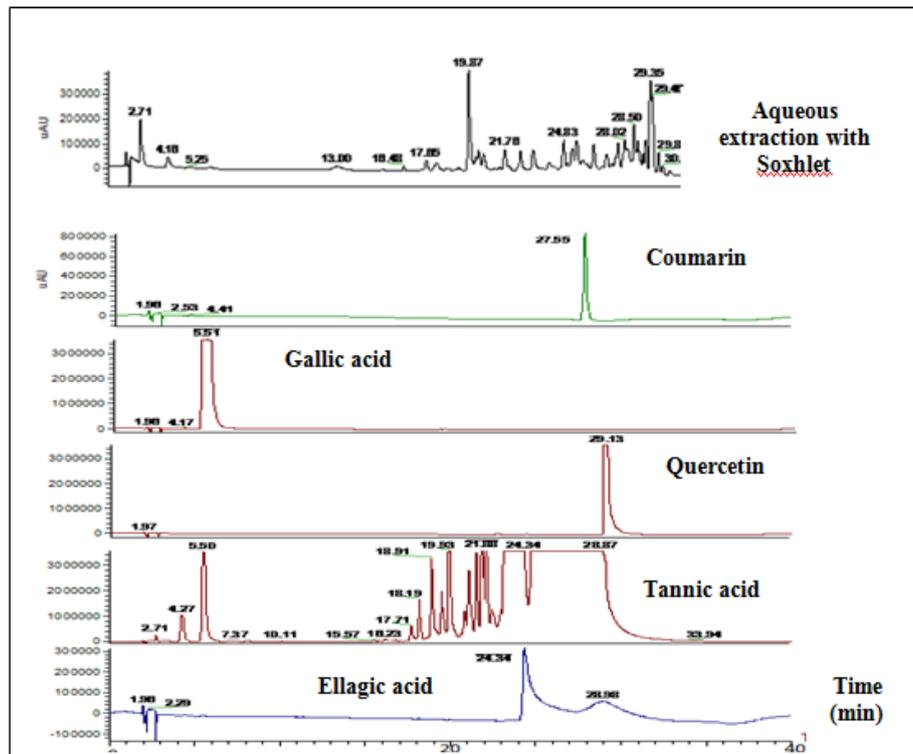
**Figure 5.** HPLC chromatograms of the polyphenols (coumarin, gallic acid, quercetin, tannic acid, ellagic acid) and *Ammi visnaga L.* polyphenols obtained by aqueous extraction with Soxhlet

Table 5. List of compounds identified by mass spectrometry in the *Ammi visnaga L.* extract obtained by Soxhlet technique.

No.	Compounds	Formulas	Masses	Ions m/z
1	Biochanin A	C16H12O5	284	307 [M+Na] ⁺
2	Rhamnetin	C16H12O7	316	317 [M+H] ⁺
3	Rhamnetin glucoside	C22H24O12	478	479 [M+H] ⁺
4	Rhamnosinrutinoside	C28H32O16	624	625 [M+H] ⁺
5	Khellol	C13H10O5	246	246 [M+H] ⁺
6	Ammiol	C14H12O6	276	277 [M+H] ⁺
7	Apiine	C26H28O14	564	564 [M+H] ⁺
8	Rhamnazine	C17H14O7	330	331 [M+H] ⁺
9	Rhamnazine glucoside	C23H24O12	492	493 [M+H] ⁺
10	Rhamnazerutinoside	C29H34O16	638	639 [M+H] ⁺
11	Chrysériol	C16H12O6	300	301 [M+H] ⁺
12	Diosmetinerutinoside	C28H32O15	608	609 [M+H] ⁺
13	Apigeninneohesperidoside	C27H30O14	578	579 [M+H] ⁺
14	Khellinin	C19H20O10	408	409 [M+H] ⁺
15	Visnagine	C13H10O4	230	231 [M+H] ⁺

3.3.3. Discussion

The analysis of mass spectra in a positive mode made it possible to identify different molecules from the molecular peaks generated.

Thus, kampferol-rutinoside was identified by its molecular peak at $m/z = 595 [M + H]^+$, its peak at $m/z = 449 [M + H]^+$ corresponding to kampferol-glucoside (after the loss of 'a unit of rhamnose: -146) and its peak $m/z = 287 [M + H]^+$ corresponds to kampferol (following the loss of a unit of glucose: -162).

Similarly, rhamnetin-rutinoside has been identified by its molecular peak at $m/z = 625 [M + H]^+$, its peak $m/z = 479 [M + H]^+$ corresponding to rhamnetin-glucoside (after the loss of a unit of rhamnose: -146) and its peak at $m/z = 317 [M + H]^+$ corresponds to rhamnetin (following the loss of a unit of glucose: -162).

Biochanin A and its glucoside were identified respectively by the presence of the peaks at $m/z = 307 [M+Na]^+$ and $m/z = 469 [M+Na]^+$.

Apiine is recognized by its molecular peak $[M + H]^+$ at $m/z = 565$ and apigenin neohesperidoside by the peak $[M + H]^+$ at $m/z = 579$.

Visnagine and khelline are identified by their respective molecular peaks $m/z = 231$ and $m/z = 261 [M + H]^+$, khellol and khellinine (its glucoside) are present by their respective molecular peaks $m/z = 247$ and $m/z = 409 [M + H]^+$.

Also, the ammiol glucoside is identified by the molecular peak at $m/z = 439 [M + H]^+$. Its loss of one

glucose unit (-162) leads to ammiol at $m/z = 277$. Chrysoeriol is represented by its peak $m/z = 301$, likewise its glucoside by the peak at $m/z = 463$ following the addition of a glucose unit.

The chromatographic study of the four *Ammi visnaga L.* extracts confirms the richness of this species on polyphenols and particularly in flavonoids. We note that the difference in the operating procedures used to obtain the plant extracts did not lead to a significant difference in terms of the chemical composition of these. Indeed, all the extracts were characterized by similar chromatographic spectra and the presence of flavonoids as well as furochromones.

The chromatographic analysis did not identify tannins in the extracts despite their use as standards. Therefore, the mass spectrometry used as a complementary analysis method only generated mass spectra in positive mode for the studied extracts, which made it possible to identify different molecules from the molecular peaks generated.

The polyphenols extraction strengthened the results obtained during the phytochemical screening, which highlight the presence of flavonoids in *Ammi visnaga L.* The most of the identified flavonoids are of the flavonol type such as quercetin, rhamnetin, rhamnazine, kaempferol, and their glucosides. The studies of Bencheraiet ¹⁴ confirm our results, they also identified these molecules, while Abdul-Jalil ²⁴ identified kaempferol and quercetin as compounds of the fruits of *Ammi visnaga L.*

Khellin, visnagin, khellol, which are furochromones that are specific to *Ammi visnaga L.*, are among the

other polyphenols that we identified. However, the presence of visnadine, a species-specific coumarin, was not revealed with our procedures.

3.4. Antioxidant activity

3.4.1 Trapping of the free radical DPPH

The antioxidant activity of *Ammi visnaga L.* extracts is determined by the DPPH free radical reduction method. DPPH is generally the most used substrate for the rapid and direct evaluation of the antioxidant activity of various plant extracts, because of its stability in free radical form and of the simplicity of the analysis. The chemical compound 2,2-diphenyl-1-picrylhydrazyle is one of the first free radicals used to study the antioxidant activity relationship of phenolic compounds²⁵. It has an unpaired electron on a nitrogen atom. The reduction of this radical is

accompanied by its change from the purple, characteristic of the DPPH solution, to yellow (DPPH-H). This change is measurable by spectrophotometry at 515nm. The reduction capacity is determined by a decrease in absorbance induced by anti-free radicals²⁶⁻²⁸. From the obtained results, the inhibition percentages were calculated using the formula given above.

3.4.2 Required concentrations to reduce 50% of DPPH

The inhibition percentages previously determined to make it possible to calculate the value of IC₅₀ (inhibitor concentration), which represents the required concentration of the extract to reduce 50% of the free radicals in the reaction medium.

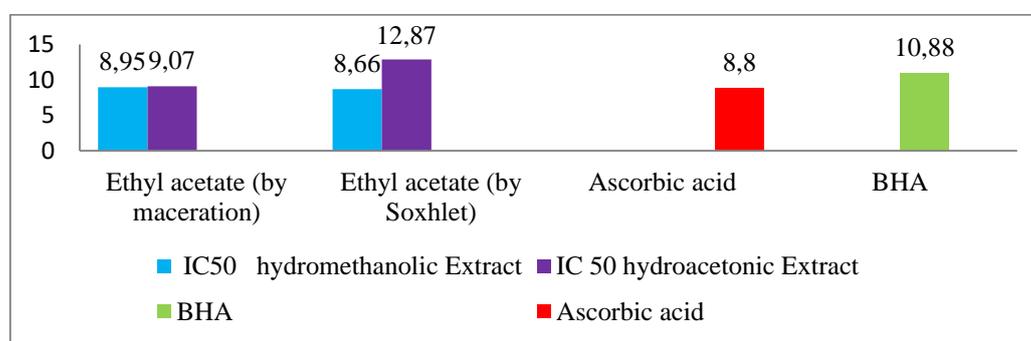


Figure 6. Evaluation of the antioxidant activity by IC₅₀ Values for Ethyl acetate fractions of *Ammi visnaga L.* various extracts analyzed in comparison with two antioxidant reference substances

The ethyl acetate fraction of hydroacetic extract by Soxhlet revealed the strongest anti-free radical activity (IC₅₀ = 12.875 ug/ml) followed by the ethyl acetate fraction of hydromethanolic extract by maceration, with an IC₅₀ approximately 10.88 ug/ml compared to BHA and ascorbic acid (IC₅₀=8.8 ug/ml). The difference in the antioxidant activity between the extracts depends mostly on the total phenolic flavonoids and other contents of aromatic compounds present.

The extraction solvent has an effect on the IC₅₀ value from one extract to another²⁹, and the treated part of the plant material, as well as the extraction method and the reference, used.

4. Conclusion

This phytochemical study shows that *Ammi visnaga L.* is an aromatic and medicinal plant that is rich in molecules with therapeutic potential. In addition, to the molecules such as visnagine, khelline which characterize this plant species, several other molecules were revealed such as mucilages, triterpenes, sterols, alkaloids, and polyphenols. The study of the antioxidant activity of *Ammi visnaga L.* extracts using the DPPH free radical reduction method showed that both methanolic and acetic extracts have strong antioxidant activities.

The chromatographic analysis of the extracts of *Ammi visnaga L.* using high-pressure liquid chromatography coupled to mass spectrometry (HPLC/UV-ESI-MS) confirmed the richness of this species in polyphenols especially by the identification of kaempferol, rhamnetin, biochanin A, ammiol, etc. These molecules belong to flavones, flavonols, and furochromones, they are also identified in the form of genin and heteroside.

The results of this study proved that *Ammi visnaga L.* is a very interesting plant, which motivates us to carry out a more in-depth study of its activities as well as its role in the therapeutic field.

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