

# Development and Validation of HPLC Method for the Quantification of Atorvastatin in Pharmaceutical Dosage Forms and Biological Fluid

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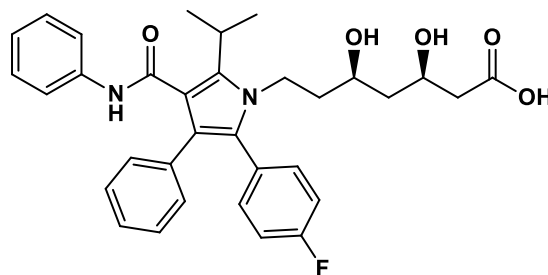
**Abstract:** A reverse phase HPLC method was developed for the determination of atorvastatin. The mobile phase involved for the separation was phosphate buffer and acetonitrile with a ratio of 10:1. The HPLC column C<sub>18</sub> ODS hypersil column (250 mm×4.6 mm, 5 μm) was used and detected at 215 nm. The run time of the current method was 5 minutes with excellent specificity; no interferences were observed in the pharmaceutical dosage form. The process was validated according to ICH guidelines. The linearity of the proposed method was within the range of 0.25–3.8 μg/ml. The LOD and LOQ values were found to be 0.21 and 0.64 μg/ml. The % recovery and %RSD were within the range of 98–100 %, and ±2% for accuracy, precision, robustness, ruggedness results. All the values are acceptable as per ICH guidelines. As well, this enhanced technique was applied to calculate the amount of atorvastatin in human urine samples. Therefore, the present method is reliable for quantifying atorvastatin in quality control samples in academic and pharmaceutical industries and can easily be used in research development and hospitals.

**Keywords:** Atorvastatin; HPLC; ICH; Validation; Pharmaceutical formulations; Human urine.

## 1. Introduction

The atorvastatin is chemically known as calcium; (3R, 5R)-7-[2-(4-fluorophenyl)-3-phenyl-4-(phenyl

carbamoyl)-5-propan-2-ylpyrrol-1-yl]-3,5-dihydroxyheptanoate (Figure 1).



**Figure 1.** Chemical Structure of Atorvastatin

It is white to off-white powder. It belongs to the medicine group known as statins. It is soluble in methanol, slightly soluble in alcohol, insoluble to very slightly soluble in distilled water, and completely insoluble in water acetonitrile<sup>1</sup>. This reductase inhibitor is familiar as 3-hydroxyl-3-methylglutaryl-coenzyme A (HMG-CoA). Mainly the atorvastatin tablets are used to control weight loss, diet, and stroke. It is also

helpful for lowering the chance of a heart attack during the surgery. The statins decrease blood lipid, which includes triglycerides bad cholesterol<sup>2-8</sup>. Primary hypercholesterolemia is indicated in patients who have not responded adequately to diet and other appropriate measures. It lowers plasma cholesterol and lipoprotein levels by acting as a selective, competitive HMG-CoA reductase inhibitor and reduces liver cholesterol synthesis<sup>9</sup>.

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The tablets presented as immediate-release tablets with 7 hours of biological half-life<sup>10</sup>. The efficiency of atorvastatin in lowering cholesterol is dose-related. It is available in 10, 20, 40, and 80 mg film-coated tablets. To ensure tablets' quality, safety, and efficacy in formulations, developing a new analytical method for quantitative drug analysis in pharmaceutical dosage forms is crucial. The extensive literature survey was conducted and observed few analytical procedures such as UV-Vis<sup>11-15</sup>, FTIR<sup>16</sup>, X-ray diffraction<sup>17</sup>, FT-Raman spectroscopy<sup>17</sup>, capillary electrophoresis<sup>18-20</sup>, Voltammetry<sup>21-22</sup>, TLC<sup>23-24</sup>, HPTLC<sup>25-26</sup>, UPLC<sup>27-28</sup>, LCMS<sup>29-30</sup> and UPLC-MS<sup>27,32-33</sup> have been reported for the determination of atorvastatin alone or with combination in pharmaceutical dosage forms and biological fluids. The investigation continued with the HPLC technique due to its simplicity, specificity, high sensitivity, and lots of attention in pharmaceutical analysis in dosage forms and biological fluids<sup>34-38</sup>. Several HPLC methods were studied<sup>39-43</sup> but required a high flow rate, run time, and internal standard to quantify their biological fluids due to multiple preparation steps and recovery varied in each volumetric process. But the developed method's sample preparation is quite simple, just diluted with mobile phase, injected into the system with high precision autosampler. It preferred external standardization since the chromatogram is simpler, less worry about intervening peaks that might compromise the result was easier to process because of only one peak to measure. In addition, it is more convenient and less expensive. Therefore, the extra step of adding the internal standard during sample preparation was excluded. Developing a straightforward and accurate time-consuming process is necessary and validates the procedure as per guidelines, preferably the International Conference on Harmonization (ICH)<sup>44-46</sup>. The proposed HPLC method was precise and sensitive to determine atorvastatin in pharmaceutical formulations.

## 2. Experimental

### 2.1. Materials

Pharmaceutical formulations of atorvastatin such as Lorstav 10 (Tabuk Pharmaceuticals), Astatin 20 (Jamjoom Pharmaceuticals), Lipomax 10 (Saja Pharmaceuticals), and Lipitor 20 (Pfizer) are bought from local markets. Acetonitrile, dipotassium hydrogen orthophosphate ( $K_2HPO_4$ ), and orthophosphoric acid ( $H_3PO_4$ ) are obtained from Sigma Aldrich. All other reagents are of analytical grade and applied without any additional purification. The carbonate buffer (pH-9.4) was made by dissolving sodium carbonate (26.5 g), and sodium bicarbonate (21 g) in 500 ml distilled water.

### 2.2. Instrumentation

The chromatography was performed on Shimadzu LC-

2010 CHT HPLC system containing autosampler, quaternary pump with the degassing unit, and SPD-20A photodiode array detector. Integration of the chromatograms produced by LC solution software. The column used was the  $C_{18}$  ODS hypersil column (250 mm×4.6 mm, 5  $\mu$ m).

### 2.3. Chromatographic conditions

The HPLC separation was performed with the  $C_{18}$  ODS hypersil column (250 mm×4.6 mm, 5  $\mu$ m). The mobile phase comprised acetonitrile and  $K_2HPO_4$  (0.05 M) with a ratio (1:10, v/v), maintained the buffer pH-7 with  $H_3PO_4$ . The required amount of  $K_2HPO_4$  (8.7 g) was transferred and dissolved with 1 litre HPLC water, adjusted pH-7 with  $H_3PO_4$ . The buffer solution was mixed with acetonitrile with a ratio (10:1, v/v). The flow rate was regulated at 0.8 ml/min. All samples analysis was performed at room temperature with detection at 215 nm.

### 2.4. Extraction of atorvastatin from pharmaceuticals

Ten tablets (20 mg/tablet) were grounded in a powder with mortar and pestle, dissolved in 100 ml distilled water, and passed through a column chromatography with a glass column packed with silica gel. The mobile phase was a combination of solvents (water: methanol: glacial acetic acid=4:6:0.5 v/v/v) having different polarities to elute the compound. When it reached optimum length, the resulting separation of compounds was removed and dried in an oven and collected the pure atorvastatin as solid<sup>47</sup>.

## 2.5. Methods

### 2.5.1. Procedure for determination of atorvastatin

A stock solution (50  $\mu$ g/ml) was transferred into a 25 ml volumetric flask and completed the mark with the mobile phase to make solutions in the concentration range 0.2-5.5  $\mu$ g/ml. The UV detector detected the eluents with a wavelength of 215 nm and injected 20  $\mu$ l into the HPLC system with a mobile phase flow rate of 0.8 ml/min. The detector response, as peak area against the atorvastatin concentration, was plotted. Consequently, the regression equation was derived.

### 2.5.2. Procedure for pharmaceutical formulations

Five tablets (20 mg/tablet) were precisely weighed and finely powdered with mortar and pestle. First, 50 mg atorvastatin powder was extracted with the mobile phase, approximately 25 ml, followed by another 2 extractions, each with 25 ml mobile phase. After passing on through a 0.45  $\mu$ m millipore filter, the solution was diluted with the mobile phase to concentrate about 50  $\mu$ g/ml. Then, according to need, dilution continued and analyzed using the suggested procedures. Finally, the calibration graphs or regression equations are used to calculate the nominal content of the tablet.

### 2.5.3. Procedure for the determination of atorvastatin in human urine samples

The aliquot volumes of human urine samples were transferred into a small separating funnel. The carbonate buffer, pH-9.4, was added approximately 5–10 ml, ether extract was collected and evaporated. The residue dissolves with the mobile phase, and then a general procedure was followed to determine the nominal content of atorvastatin using the corresponding regression equation.

## 2.6. Validation

### 2.6.1. System Suitability

The system suitability tests are a fundamental part of the liquid chromatographic method. It showed the separation efficiency of the process by separating two important close components with a specific term resolution. It is also determined with precision by selecting the highest concentration in the linear dynamic range with five independent analyses and calculating the % relative standard deviation (%RSD).

### 2.6.2. Solution stability

The standard solution of atorvastatin and its pharmaceutical samples are determined at room temperature. Therefore, the %RSD of respective solutions was evaluated within a day and continued for another seven days for the same solutions.

### 2.6.3. Specificity and selectivity

The proposed method's specificity and selectivity were assessed by separating the atorvastatin in the presence of common excipients such as starch, glucose, fructose, and lactose. Also, % RSD was calculated for the retention time and peak area.

### 2.6.4. Linearity

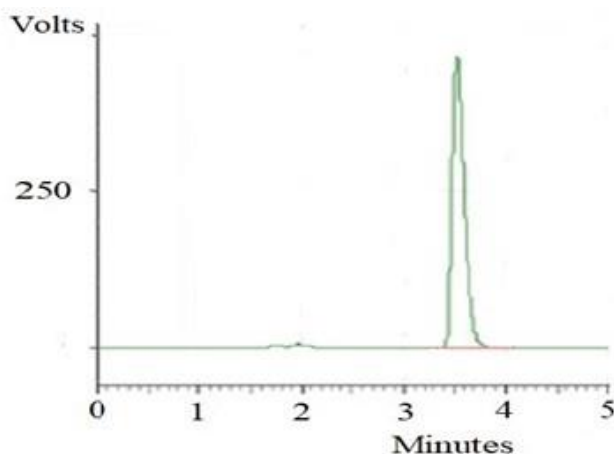
The proposed method's linearity was plotted between atorvastatin concentration and peak area. The linearity estimated with linear regression analysis and calculated using the least square method. The parameters limit of detection (LOD) and limit of quantitation (LOQ) were determined based on the detector response and slope of the regression equation.

### 2.6.5. Accuracy and precision

The accuracy and precision were estimated within the linear dynamic range. Three concentrations were selected (low, medium, and high). The precision results established with %RSD calculated with five independent analyses executed at each concentration level within one day (intraday precision) and seven consecutive days (interday precision). The accuracy was determined with recovery experiments carried out by the standard addition method. The reference solutions (50, 100, 150%) spiked with pharmaceutical formulations, and the final volume was completed with the mobile phase. Finally, the total amount is established using the calibration curve or linear regression equation.

## 3. Results and Discussion

The chromatographic conditions were optimized and achieved by varying solvent combinations with mobile phase formation and different columns. The best findings were attained with a mobile phase combination of acetonitrile and  $K_2HPO_4$  (0.05 M) having a ratio (1:10, v/v). Thus, the specificity of the chromatographic method was excellent without any interference from the dosage form. The atorvastatin eluted at 3.65 minutes with a total run time of 5 minutes and resolved good shape and baseline (Figure 2).



**Figure 2.** The chromatogram of atorvastatin was attained by the proposed method

### 3.1. System suitability

The system suitability parameter of the suggested method was assessed with five independent analyses of

5  $\mu\text{g/ml}$  atorvastatin reference solution. The % RSD was found to be 0.29% within the range of  $\pm 2\%$ , per ICH guidelines.

### 3.2. Specificity

The atorvastatin was well separated in the presence of common excipients. The chromatographic peak shape was excellent for specificity. The other peaks of excipients were not detected within the run time. Therefore, the proposed method is selective for the determination of atorvastatin in pharmaceutical formulations. The % RSD of retention time and peak area was 0.32–0.38 and 0.35–0.44%, respectively.

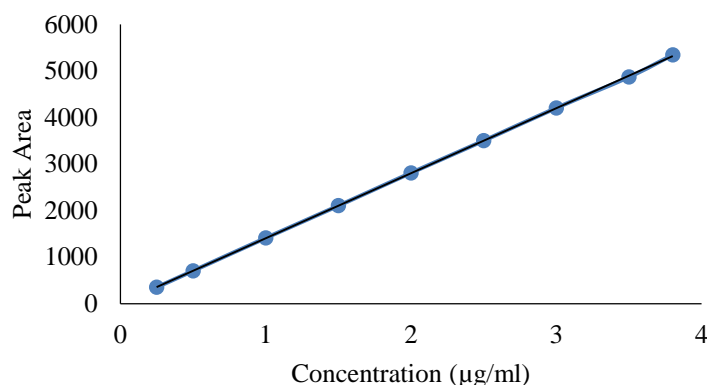
### 3.3. Solution stability

The solubility of atorvastatin was evaluated with reference and pharmaceutical dosage solutions. The SD and RSD of respective solutions were within the range

of  $0.28 \pm 0.67$  and  $0.35 \pm 0.88$  %, respectively. All solutions were maintained at 25°C for seven days and noticed no significant differences in the peak areas.

### 3.4. Linearity

The proposed method's linearity was determined by selecting the concentration range between 0.2–5.5 µg/ml. Then, the linearity range was calculated using the least square method and rectilinear within the range of 0.25–3.8 µg/ml (Figure 3). The calibration data presented the regression equation mentioned in Table 1 with a correlation coefficient close to unity under optimal experimental conditions.



**Figure 3.** Calibration curve of atorvastatin in pharmaceutical formulation.

**Table 1.** Summary of optical and regression characteristics of the current method for the determination of atorvastatin.

Parameters	Atorvastatin
Linear dynamic range (µg/ml)	0.25–3.8
Regression equation	$y=1398.3x+8.5613$
Correlation coefficient ( $r^2$ )	0.9999
LOD (µg/ml)	0.21
LOQ (µg/ml)	0.64
Retention time ( $t_R$ ) minute	3.65
Number of theoretical plates (N)	1042.5

### 3.5. Accuracy and precision

The intraday and interday precision analysis was conducted for atorvastatin within the linear dynamic range. Therefore, three concentrations (1, 2, and 3 µg/ml) were selected for pure and pharmaceutical formulations. The resulted data tabulated in Table 2 and Table 3. The %RSD was between 0.37–1.62% and 0.4–1.41% for pure and pharmaceutical samples

outcomes from intraday and interday analysis. The standard addition method was performed to determine its accuracy due to that computed % recovery studies. The % recovery and % RSD results were satisfactory and were within the range of 98.1–99.8 %, 0.32–1.56% (Table 4), and these results were within the range of 98–102 % and  $\pm 2\%$ , respectively, per ICH guidelines.

**Table 2.** Determination of atorvastatin in pure form.

Proposed methods	Amount ( $\mu\text{g/ml}$ )		% Recovery	% RSD <sup>a</sup>	SAE <sup>b</sup>	CL <sup>c</sup>
	Taken	Found $\pm$ SD <sup>a</sup>				
Intraday	1	0.992 $\pm$ 0.012	99.2	1.21	0.005	0.015
	2	1.972 $\pm$ 0.015	98.6	0.76	0.007	0.019
	3	2.994 $\pm$ 0.011	99.8	0.37	0.004	0.014
Interday	1	0.987 $\pm$ 0.016	98.7	1.62	0.007	0.019
	2	1.985 $\pm$ 0.019	99.3	0.96	0.009	0.024
	3	2.991 $\pm$ 0.017	99.7	0.57	0.008	0.021

Mean for 5 independent analyses. <sup>a</sup> SD, standard deviation, RSD, relative standard deviation; <sup>b</sup> SAE, standard analytical error; <sup>c</sup> C.L., confidence limit at 95% confidence level and 4 degrees of freedom ( $t=2.776$ ).

**Table 3.** Determination of atorvastatin in pharmaceutical formulations.

Proposed methods	Amount ( $\mu\text{g/ml}$ )		% Recovery	% RSD <sup>a</sup>	SAE <sup>b</sup>	CL <sup>c</sup>
	Taken	Found $\pm$ SD <sup>a</sup>				
Intraday	1	0.995 $\pm$ 0.014	99.5	1.41	0.006	0.017
	2	1.987 $\pm$ 0.017	99.4	0.86	0.008	0.021
	3	2.992 $\pm$ 0.012	99.7	0.40	0.005	0.015
Interday	1	0.991 $\pm$ 0.015	99.1	1.51	0.007	0.019
	2	1.978 $\pm$ 0.014	98.9	0.71	0.006	0.017
	3	2.997 $\pm$ 0.013	99.9	0.43	0.005	0.016

Mean for 5 independent analyses. <sup>a</sup> SD, standard deviation, RSD, relative standard deviation; <sup>b</sup> SAE, standard analytical error; <sup>c</sup> C.L., confidence limit at 95% confidence level and 4 degrees of freedom ( $t=2.776$ ).

**Table 4.** Standard addition method for the determination of atorvastatin in pharmaceutical formulations.

Proposed methods	Amount ( $\mu\text{g/ml}$ )			% Recovery	% RSD <sup>a</sup>	SAE <sup>b</sup>	CL <sup>c</sup>
	Taken	Added	Found $\pm$ SD <sup>a</sup>				
Intraday Lorvast 10	1	0.5	1.488 $\pm$ 0.021	99.2	1.41	0.009	0.026
	1	1	1.978 $\pm$ 0.019	98.9	0.96	0.008	0.024
	1	1.5	2.489 $\pm$ 0.015	99.6	0.60	0.007	0.019
Astatin 20	1	0.5	1.477 $\pm$ 0.023	98.5	1.56	0.010	0.029
	1	1	1.983 $\pm$ 0.025	99.2	1.26	0.011	0.031
	1	1.5	2.459 $\pm$ 0.020	98.4	0.81	0.008	0.024
Lipomax 10	1	0.5	1.471 $\pm$ 0.014	98.1	0.95	0.007	0.017
	1	1	1.988 $\pm$ 0.021	99.4	1.06	0.009	0.026
	1	1.5	2.492 $\pm$ 0.018	99.7	0.72	0.008	0.022
Interday Lorvast 10	1	0.5	1.493 $\pm$ 0.019	99.5	1.27	0.009	0.026
	1	1	1.968 $\pm$ 0.015	98.4	0.76	0.007	0.019
	1	1.5	2.477 $\pm$ 0.022	99.1	0.89	0.010	0.029
Astatin 20	1	0.5	1.491 $\pm$ 0.012	99.4	0.81	0.005	0.014
	1	1	1.971 $\pm$ 0.008	98.6	0.41	0.004	0.010
	1	1.5	2.494 $\pm$ 0.013	99.8	0.52	0.006	0.016
Lipomax 10	1	0.5	1.495 $\pm$ 0.011	99.7	0.74	0.005	0.014
	1	1	1.969 $\pm$ 0.017	98.5	0.86	0.008	0.022
	1	1.5	2.486 $\pm$ 0.008	99.4	0.32	0.004	0.009

Mean for 5 independent analyses. <sup>a</sup> SD, standard deviation, RSD, relative standard deviation; <sup>b</sup> SAE, standard analytical error; <sup>c</sup> C.L., confidence limit at 95 % confidence level and 4 degrees of freedom ( $t=2.776$ ).

### 3.6. Robustness

The robustness of the current method relative to each operational parameter was verified and explored. In addition, the minor variations in the mobile phase composition and buffer pH were studied, affecting the peak area and retention time change. The robustness of the method was reviewed with a 3 µg/ml atorvastatin reference solution. The current process's % recovery and % RSD were in the range of 98.35–99.41 and 0.23–0.82 %. The results suggested that the recommended procedure is robust and excellent for the quantification of atorvastatin.

### 3.7. Ruggedness

The ruggedness of the method was assessed following the mentioned procedure using a different model of HPLC and column. The % recovery and % RSD resultant were in the range of 98.35–99.41 and 0.23–0.82 %.

### 3.8. Reference method

The proposed method was compared with a developed reference method<sup>42</sup>. The analysis was performed with a C<sub>18</sub> column (25 cm×4.6 mm) containing a mobile phase of methanol:water:acetonitrile: orthophosphoric acid (85:10:4:1 v/v/v/v). The linearity of the reference method was wider, 3.96–1000 µg/ml. Due to that, most likely, it is challenging to apply it for the determination of atorvastatin in biological fluids. The flow rate was maintained at 1.8 ml/min, which required lots of solvents, and also, ruggedness results were not presented. Therefore, developing a method with less flow rate (1 ml/min) with a linear dynamic range of 0.25–3.8 µg/ml is appropriate for quantifying atorvastatin in bulk and pharmaceuticals and biological fluids. The ruggedness studies were performed to verify % recovery and %RSD were within the range of 98–102 and ±2%, respectively, as per ICH guidelines.

### 3.9. Application of the proposed method with the biological fluid

The proposed method has been expanded to determine atorvastatin in a spiked human urine sample. A known concentration of atorvastatin was spiked and followed the above-recommended procedure. The % recovery and % RSD were in the range of 98.22–98.78% and 0.635–1.982%, respectively, indicating excellent results for the determination of atorvastatin in the human urine sample.

## 4. Conclusion

The current HPLC method is simple, accurate, and reproducible. It helps to determine atorvastatin in pharmaceutical formulations and biological fluids. Though, currently, numerous HPLC methods are presented for the quantification of atorvastatin. The considerable benefits of the proposed method include

short retention time, stability of the solution, no need for prior separation or purification before analysis. As well, the chromatographic method has a more comprehensive linear dynamic range with good accuracy and precision. Furthermore, the technique can estimate the unabsorbed atorvastatin in urine samples. The statistical parameter and recovery data reveal the excellent accuracy and precision of the proposed method. The proposed method could be valuable and suitable for determining atorvastatin in bulk, pharmaceutical formulations and human urine samples.

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